

Movéo Dance Company

Instructor: Fara Sadler

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Google Classroom Code: [rkaddx](#)

Course Overview:

This course is designed for the company level dance student, focusing on performance, choreography, and dance history and terminology. Class activities will include daily participation, written assignments, and testing. Students are required to participate in all fundraisers, both the fall and spring dance concerts, and will also perform in various school and community events. Course may be repeated for credit.

Course Goals/Objectives and minimum expectations:

The student will be able to...

- Demonstrate a working knowledge of correct body alignment, anatomy and warm-ups for prevention of injuries and safety factors related to dance movements.
- Properly demonstrate the ability to perform a variety of modern, jazz, ballet and tap techniques at the advance level.
- Recognize and use choreographic and improvisational tools to interpret and create movement.
- Compare, contrast and analyze the history and progression of dance genres.
- Recognize important dance figures and identify their roles in dance history.
- Demonstrate knowledge of dance terminology related to course content.
- Demonstrate the ability to work with various styles of music and rhythmic forms.
- Attend and critique live and pre-recorded dance performances (1each semester)
- To create and maintain a portfolio of the progression of dance knowledge
- To communicate multiple ideas/themes through a range of choreographic processes and performance
- To reflect and evaluate personal and artistic growth, as well as goal management

Course Rules:

- Come to class prepared and on time.
- Participate in all activities to the best of your ability.
- All members of class must treat each other, the school and personal property respectfully.
- Follow all school rules.

Dance Class Rules:

- NO food, NO drink, NO gum, and NO street shoes allowed on the studio floor. This is to insure the safety and cleanliness of our dance space.
- All class members will be courteous to one another, share space, and keep negative comments to themselves. The use of vulgar or profane language is prohibited.
- When the music is off, stop talking and wait for further instruction.
- Phones are locked in the locker room or put away for class.

Security:

Theft occurs when a student leaves their belongings in an unsecured area or they fail to lock their locker. Each student is ultimately responsible for their belongings. All personal items - clothing, books, purses, bags, etc. are to be locked up in the locker room. **Cell Phones and Other Electronic Devices** are brought to school at your own risk. Leave cell phones at home or locked in dance lockers, turned off. I will confiscate any cell phone that is out during class, and turn it over to administration.

Materials Required:

Class Fee: A \$75 class fee is required to take dance at the MDC level. This class fee can be applied to dance field trips/ tours. All students will need to pay this fee at the bookstore within the first two weeks of school.

Dance Notebook:

Every student must bring a 1/2 inch/ 3-ring binder and divider tabs to be used as a dance notebook. We will label the tabs together in class, and use it periodically throughout the course. All class handouts to be included in the notebook will be available on my website, unit-by-unit. Students are best advised to store the notebook in their dance locker so that it is always available without carrying it to and from school every day. The notebook contains information for all written quizzes, tests, as well as various assignments requirements. Bringing the notebook on assigned days is a class requirement.

Lockers:

Each student will be issued a lock and a locker. Please do not share your locker or lock combination with other students and USE your locker during your class period. **Report a lost lock to your teacher immediately. If you are unable to find your lock, there will be a \$5.00 fee for a new lock.** Please be sure to double check that your lock is locked before leaving class. **We are not responsible for lost or stolen items. Please leave your valuables at home!** Please bring deodorant, tissues, lotion, powder, and other personal items you may need, and leave them in your locker at all times.

Proper Attire:

Females: **Bottoms:** Fitted solid black leggings/yoga pants. Leggings are preferred, but yoga pants or jazz pants are acceptable. No sweats or long shorts. *Ensure that leggings are opaque.*

Tops: Snug-fitting **solid** Black tee shirt or tank top – no spaghetti straps, revealing necklines, crop tops, or bra straps showing. Length must cover belly and lower back when bending/stretching. No large baggy tops, and no large or torn arm holes.

Males: **Bottoms:** Black joggers, sweats, or men's jazz pants. No long shorts.

Tops: **Solid** Black tank top or snug-fitting tee shirt. Length must cover belly and lower back when bending/stretching. No large or torn arm holes.

Hair: All hair must be pulled up off the face and neck for class. Keep extra hair ties in your locker.

Footwear: Students may dance barefoot while dancing, but shoes must be worn to and from the teaching space. Some students keep a pair of flip-flops in their lockers for convenience. No specific dance footwear is required

Grading Procedures: Quarter grades are comprised of the following categories:

Participation 50%

This grade is based on your behavior and participation in class along with the number of days you attend class in proper attire. All students who choose not to follow the proper attire, do not participate or have a poor attitude will lose participation points. An unexcused absence will be considered a ditch.

UNEXCUSED ABSENCES, TARDIES, AND NON-DRESSES CANNOT BE MADE UP AND WILL LIMIT YOUR GRADE. Excused absences can be made up. (Refer to the Make-up Work policy on my website.)

Performance Assessments 20%

You will be graded on proper knowledge and execution of the movements learned in class, along with how well you are improving your movement skills as a dancer.

Written Assessments 20%

You will be tested periodically over the various dance units. This will include terminology, anatomy, history, etc.

Assignments 10%

Various assignments will be given throughout the year. All assignments will be figured into the final grade and include concert critiques, journals, etcetera.

*****Semester grades are calculated using the 45-45-10 formula*****

Quarter 1 & 2 = 45% each, Final Exam = 10%

Attendance/ Participation Policies:

Dance Participation Point: Your participation grade is worth 50% of your overall grade. Failing to follow the Perry High School Dance expectations will result in a loss of points. See the following chart.

Point values included in Daily Points:

Unexcused absence	-5
Excused absence	-5
Not dressed properly (ND)	-2.5
No participation	-5
Tardy (T)	-2

Absences: After 7 absences, or excessive non-participation, students may be placed on an attendance contract or dropped from the class. Ten absences will result in automatic withdrawal from the class. **Students with excused absences will be allowed to make-up those absences.** Each student is personally responsible for any assignments missed. Students are also responsible for

scheduling make-up exams with the teacher. Missing a make-up appointment will result in a zero for the exam.

Tardies: Please do not be tardy to class. It is disruptive to the class and will result in a loss of points. **Students who miss more than 1/2 of class time will be counted as absent.** Students may not make-up points lost due to tardiness. School policy dictates that after 4 tardies a student will receive an administrative referral.

Non-Dresses: All non-dresses will result in a loss of participation points for the day. A student may still participate in class, if the non-dress attire permits safe participation in the class. If not, the student may not participate and will lose ALL participation points for that day. A non-dress results when a student does not wear proper attire as outlined above.

Make-Up Work: Students are responsible for all assignments/quizzes/tests missed. Participation make-up assignment sheets are always available in the dance office and on my website. Make-up assignments must be completed and submitted on the specified due dates. See assignment for details.

Dance Journal: Dance Journals will be posted every week via google classroom. Students are expected to complete and submit journal entries via google classroom. Journals are timestamped. No late journals are accepted.

Concert Critique: Each student is required to attend a live dance concert within the 1st semester. Students may attend any DANCE concert of their choice. A written critique is required **within two weeks** of seeing a show. Refer to the concert critique assignment for all requirements. If a student cannot attend a live concert due to hardship, an alternate assignment will be given in its place. The student must see the teacher at least **3 weeks in advance** of the final submission due date to receive this assignment.

Dance Performances: As a member of MDC you are required to participate in all MDC performances. Performances include both the fall and spring dance concerts, pep assemblies, charity concert and fine art performances. **All performances are mandatory. Students will earn a participation grade for not only performance night, but also rehearsals. Extra after-school rehearsals will be required 10 days prior to the performances. The scheduled performances dates are on the website under the PHS dance concert page.** Specific dates and times will be given prior to the actual shows. Please be sure to save the dates and plan accordingly. If there is a conflict with any of the performance or rehearsal dates students must give at least a 2-week advanced notice via e-mail and in person to make-up any points that are lost due to absence.

NOTE Dancers who do not take both 1st and 2nd semester dance will not perform in the student Dance Show but instead will work behind the scenes to earn their points. Students who are failing the class at specified checkpoint dates will not perform either, and will work behind the scenes to earn their points.

Miscellaneous Dance Class info

Injured/ Long Term Illness/ Medical Excuses:

If a student is injured and unable to participate in class, the student **MUST** have a note to excuse him or her. The note may be from a doctor, parent, school nurse, or athletic trainer. If the excuse is for more than three (3) consecutive class periods, the student must bring a doctor's note. Once a doctor's note has been received for an injury, the student **MUST** provide a doctor's note for clearance to resume participation. Any time a student does not fully participate in class she will lose participation points for the day. If the non-participation is excused via doctor's note, the student will be allowed to turn in make-up work assigned by the instructor to regain the points.

*Please note that dance is a very physically demanding activity. If you suffer from a chronic or recurring physical injury you may want to consider taking a different course to fulfill your graduation requirement.

Late Work Policy: Students are expected to turn in assignments when the teacher asks for them, which is typically during Roll Call. Any work turned in afterward (including later the same day) is considered late. In most cases late work is not accepted in dance class.

Tactical Teaching Note: Dance teachers frequently find it necessary to give hands-on instruction in order to correct technique and benefit the dancers. If you have any problems with this, please talk to your teacher so that accommodations can be made.

Parents/Guardians:

Both student and parent/guardian signatures are required to participate in Perry High Dance. Your signatures indicate a clear understanding of all class requirements and an agreement to abide by class policies. Please contact the teacher with any questions.

I _____ have received & read:
(Print Student's Full Name)

- | | |
|----------------------|---|
| ✓ Course description | ✓ Grading Procedure |
| ✓ Course objectives | ✓ Attendance and Participation Policies |
| ✓ Course Rules | ✓ Late Policy |
| ✓ Dance Class Rules | ✓ Tactical Teaching Note |
| ✓ Materials Required | |

Period #: _____

Student Name: _____

Student Signature: _____

Guardian Name: _____

Guardian Signature: _____

Guardian E-mail or Phone number _____

Must be signed and turned in by Monday, July 29th